

What's New At The Market

Recent changes at the Paparoa Farmers' Market have been welcomed by customers. There's a much wider selection of fresh fruit and veges, plants, trees, fish, meat, eggs, olive oil, preserves, sweet delights, flowers, live entertainment and much, much more.

Mike and Joy from Dargaville have been bringing a range of fresh fruit from their extensive orchard. So far, we have had watermelon, rock melon and plums to choose from but as the seasons change there will be a wide ranging choice of apples, pears and citrus fruits. They even have banana flowers!

Aaron Lloyd, also from Dargaville, has been bringing a selection of hardy perennial flowering plants and his own hand-crafted plant stands.

The latest addition to the market offerings is Maungi Meats who make a range of smallgoods such as bacon, ham, sausages, salami, black puddings at their Maungaturoto

butchery shop.

These new stalls make the Farmers' Market a great place to stock up on quality provisions on a Saturday in a friendly open-air atmosphere and chat to the sellers of the goods. So come on down, grab a coffee across the road at Zest and catch up with other locals.

















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Paparoa Press 🕞

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CIRCULATION 1,050 CONTACT US -

- press@paparoa.org.nz - ph Vicky 021 248 4259
- PPI, PO Box 107, Paparoa 0543
- www.paparoa.org.nz

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15th of month

Publication date 1st Wed of month



Council Mark says - We Have Treemendus Times Ahead

Most people who know me know that I grow trees, and like to plant them – mostly for the sake of improving the health of our beloved Kaipara Harbour. I acknowledge too that we need the wood that plantation forestry provides for the building industry. That is a way of sequestering the carbon which the trees have absorbed while growing.

However, we need to get the

balance right, especially now with the prospect of whole farms being converted to "carbon farming", which is plantation forestry with no intention of harvesting the crop but harvesting carbon credits instead.

This has social, economic and

environmental consequences. To me, carbon credits work to license polluters to continue with their pollution so they don't have to modify their behaviour, or as Lawrence Yule says: "[it masks] poor gross emissions reductions". I doubt we can achieve carbon neutrality by planting alone, but in the meantime those communities where largescale planting takes place will shrivel up into former farming communities as the farms and their support businesses disappear.

Monoculture is the opposite of biodiversity, and the lack of active management which would normally be associated with production forestry is also a concern. Also, and I love the irony of this, the Gummint has provided \$100 M over the next four years to deal with the wilding pines issue. And that is just from the offspring



of production forestry, let alone the 'leave-alone' carbon approach farming carries with it heightened pest, disease and fire risks.

Can you see how one policy (Emissions Trading Scheme) complements the other (wilding pine eradication)? Maybe it's what they call the circular economy, how we save the world by filling our rural environment with pine trees which will ultimately die. rot down and release carbon back into the sky.

In our district plan review we are wanting to make sure that as far as possible, our better soils will be available for more intensive and diversified crops to help with diversifying our local economy. The Plan could be altered to protect these soils from production forestry and carbon farming there is currently a National Environmental Standard which limits the opportunity to do this. Mind you, the Gummint did promise to make changes to the NES which would allow for controls on Class 1-5 land where planting of more than 50 hectares is proposed. That would help restore the balance. I hope that happens before it is too late for our small rural communities.

> Mark Vincent Otamatea Ward Councillor 021 0829 8037

A reminder to our contributors!

We need all advertising material by the 15th of the previous month and all editorial copy by the 20th. We cannot guarantee the publication of any material received after these dates.

While we always welcome editorial content we reserve the right to decline or hold over any articles outside our regular columns.

Opinions expressed in Paparoa Press are the author's own and not necessarily those of the editorial team or PPI.









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Clarification

With reference to the article written by Owen Stevens titled, Protected Pines, Pahi Recreational Reserve, I would like to clarify the following.

I, Jenny MacKinnon owner of Palm House Bed and Breakfast, adjacent to the pines referred to in the article, was not the person who requested the pruning of the lower limbs

of the Norfolk Pines to enhance my view. During the past eighteen years I have requested on three occasions that the council organise the removal of dead branches or

"hangers" which were a danger to myself as well as the public.

Jenny MacKinnon

The Paparoa Press is available online at paparoa.org.nz



Redevelopment resumes at Kauri Museum

January has seen a ramping up of building activity at the Kauri Museum, after delays in 2021. Creating a new Science & Discovery Centre and relocating the Museum's nationally significant gum collection to improve presentation and access is part of a \$3 million grant from the Provincial Development Unit. The grant was awarded in 2020, as part of a multi-phase development of the Museum.

Board Chairman Grant McCallum says the work is the largest building redevelopment at the Museum since 2007.

the future of museums and her focus on working with all our communities to tell our stories as we chart a new path in a post Covid world."

> based Currently Vancouver, British Columbia, Barbara has been working for Puki Ariki Museum in New Plymouth since 2020 as the Collections Curatorial Lead, although the Covid

border restrictions has meant that she has been carrying out work from Canada.

Prior to this, she curated and managed the Borealis Gallery in Edmonton, Canada, and as a Collections Consultant for the Alberta Foundation for the Arts where she cared for 17 Alberta provincial art collections



acquisitions, supervising worked with artists and curators, and administered the various contemporary and historical collections.

Barbara says "I'm deeply honoured to be joining The Kauri Museum at this time as Museums are no longer static repositories of information, they are dynamic hubs of creativity, conversation, and complexity and exist to serve our local, national, and international communities. When we make space in our collections, exhibitions, and programmes for diverse voices, we strengthen not only the institution but also the community."

Speaking from Canada. Barbara said "our job as museums and stewards is to share stories, because stories are what connect us. With

our communities. With our cultures. With each other. In a post-Covid world, those connections are going to be more important than ever."

Barbara and her partner Tom Long will be moving to New Zealand as soon as Covid border restrictions allow.

Grant O'Neill

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BRIDGESTONE CENTRE





Farrell is working not only on the Science and Discovery Centre, but also on an upgrade to the Museum's Gumdiggers Café, and a whole new area called The Forest Walkway. The Walkway includes a new addition to the Museum, which will link the entrance through to the Volunteers Hall. Adam is also overseeing the replacement of the roof on the Ross and Sterling Wing."

Pablo Garcia is in the role as Acting General Manager as previous interim manager Dawn Folkard finished her contract in January. Pablo and his wife Linda have recently bought a property near Kaiwaka. He has diverse managerial and commercial experience and is already fully engaged at the Museum.

We are happy to announce that Canadian Barbara Hilden has been appointed as the Museum's new Director.

Barbara ioins the Museum at a critical phase of planning exhibition reshaping design and delivery, as the Kauri Museum received in June 2020 \$3m of Provincial Growth Funds for a makeover that includes creating a centre of excellence for people to have a deeper and stronger understanding of the significance of kauri.

Museum Board chairman Grant McCallum says the Board is delighted with the appointment. "Barbara brings considerable international and museology experience to the role and the Board was impressed with her vision for



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Member-Northland District Health Board Libby Jones - Strokes

People are affected by many different health conditions that bring them into hospitals or in contact with health services. Strokes affect thousands of New Zealanders each year. A stroke occurs when the blood supply to an area of the brain is interrupted causing damage to brain cells.

This happens | Stroke Unit

either with a clot in the blood vessel or the blood vessel bursting. The effects of a stroke depend on where in the brain, and how big, the interruption to blood flow is.

Most people who have had a stroke in our area are admitted to Whangarei Hospital Acute Stroke Unit. If the stroke has had significant physical or cognitive effects, they may be then transferred to the rehabilitation ward which aims at increasing the person's independence, preventing complications from stroke and preventing further strokes.

Every stroke affects a person differently, there is often a reduction in the way a person can complete tasks. On the Acute Stroke Unit there are experienced Physiotherapists (PT), Occupational Therapists (OT), Speech Language Therapists (SLT), Social Workers and Dietitians. These different health professionals assess and provide interventions for patients that have had a stroke and support their family.

Recently work has been undertaken to update the stroke unit in different phases. There is now a new kitchen on the ward for the Occupational Therapists to assess a patient and provide interventions to ensure that they will manage kitchen tasks at home safely. There is ongoing work currently taking place updating the physio gym to provide more space for the Physiotherapists to assess mobility and assist improving patients functioning. The acute stroke

unit will also be eventually gaining a few more beds to help keep up with the increasing number of strokes that are affecting people in Northland.

While a lot of the rehabilitation of patients often take place at Whangarei Hospital, it also occurs in regional hospitals throughout Northland. The rehabilitation does not end when a patient leaves hospital, there are teams of allied health workers including OTs, PTs, SLTs and Social Workers who all help a patient manage in their own home environment. Being in hospital can have impacts on people's abilities to do daily activities in their life, their overall wellbeing, their family and their social situation. We have great teams of health professionals both in hospital and the community who are working to provide consistent and quality health care for all patients across Northland.

For more information on stroke see www.health.govt.nz or www.stroke.org.nz

With credit to Rita Hames, Occupational Therapist at Whangarei Hospital

Stay well, Libby.
Libby Jones
hames.jones@xtra.co.nz

ones@xtra.co.nz 021 208 0093



KAIPARA







PP

Results Of The Schoolwork For 2022

The standard of work produced by local school children for the Paparoa Show (which was cancelled) was very high with some beautiful work being produced.

Handwriting: Years 1 - 6: The McPherson Cup was won by the Otamatea Christian School.

Art and Craft: Years 1 - 6: The Dallas Cup was won by the Maungaturoto Primary School.

Years 7 - 8: Overall points -Lorraine Rowlands trophy for Handwriting and Art and Craft was won by the Otamatea Christian School.



Handwriting Cup - Otamtaea Christian School - Joel Cullen. Laura Cullen, Savanna Rout, Caleb Rout, Holly Cullen and Isaiah Cullen.



Judges Choice Picture from Tinopai School - Aroha Pari.

Two extra prizes were given this year for outstanding work which may not meet the criteria for their class but they impressed the Judges. The winners were Rosina Cullinan of Matakohe School and Aroha Pari of Tinopai School.



Art and Craft Cup -Maungaturoto Primary School - Luca Scheepers, Maia Ascuncion and Marley Sheppard.



Judges Choice Picture from Matakohe School - Rosina Cullinan.

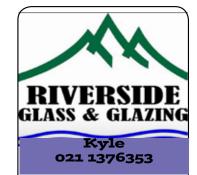
This year Tinopai School will choose the activities and criteria for next year's show and will forward them to each school taking part.

Special thanks go to the teachers and children for their wonderful effort in the writing and art and to Melinda Birt and Beverley Pullar for taking the photos with the trophies.

E Metcalfe



Year 7 and 8 Trophy -Otamatea Christian School - Kayla Leaf, Luke Rout and Brooke Chambers.



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Twin Streams Is Almost Ready!

As the saying goes, good things take time. After some delays Twin Streams subdivision in Franklin Rd is nearing completion. At the time of writing a technical inspection has given the go ahead for sealing of Arahanga Rd, the main road into the subdivision.

The next couple of weeks will see this proceed and a remarkable change take place. For the first time in possibly 40 years Paparoa will have a new street! Already the streetlights are switched on.

The Paparoa Community Charitable Trust, the body behind this development, have anticipated this event and have primed their legal team and the Consents department at Kaipara Council so that titles can be issued without delay.

Trustees have been busy spreading mulch on the newly planted areas. Thanks are

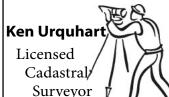
due to Scott of Arborcare for delivering this. A contract has been let with Wilson Earthmoving for a new footbridge connecting the development with State Highway 12 near Cliff's Bridge. This will complete a pedestrian link to the village through the Esplanade Reserve.

Covid 19, weather and some technical issues have slowed progress but for now it looks like full steam ahead to the biggest expansion in residential development in Paparoa for a very long time.

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Letters from The Old Post Office... Just Another Influenza

Dear Reader, it seems to me there is a scourge sweeping the globe, insidiously creeping into our very culture and causing distress and in-balance.

Yes, it is of the influencers that I speak. You know, those that delight in posting snaps of their derrieres on Instagram, holding packets of whatever product they are advertising while simultaneously smiling eerily in self-gratification. I find myself stunned by how many winsome young things with pert bottoms seem to wander the back country of NZ and pop into strategically placed hot tubs, clasping glasses of sparkling wine and gazing in wonder into their camera. All I can wonder is where are those dammed size of a small car South Island midges? Perhaps, that is not a glass of sparkling wine but some toxic liquid repellent. (Sorry, that was a small wishful cul-de sac).

An influencer is allegedly an individual who has (or pretends to) have the power to affect decisions and beliefs of others through their vast numbers of followers/disciples/fools on various social media sites. Mainly, it seems the power

to persuade the credulous to buy certain products or to visit various accommodation providers. They claim to personal knowledge or experience of whatever product they are promoting. And, of course, they should use or experience this product themselves. For free. On the basis that their "followers" will be duly influenced. It is just that the follower will have to pay for theirs. On last check a hot tub with wondrous views, (in, Oh let's just say.....Queenstown) sits in the \$450-\$850.00 per night (and may be or not be full of National party members). Not sure if that would increase the price or not.

However, I guess personal responsibility and all that. One doesn't have to fall for their sales pitch although it is a well-



known fact that sexual allure sells

products. Shakespeare made sure his plays were full of it. Try teaching Year 9's (about 13 years old) "The Taming of the Shrew" and hoping like hell they fail to catch the certain nuances with which the famous bard titillated his audience.

Although Dear Reader, I was quite amused to learn of the influencer promoting a diet tea. Clearly, no drop had passed through their digestive tract nor exploded from their no doubt toned posterior. Allegedly, a sorely distressed buying public exposed their rears in a far less attractive fashion. For quite some time and the temporary weight-loss posed rather a serious health risk.

I am sure that W. Blake's words must have rung in these rather inconvenienced, and only slightly thinner folks' ears "The fool who persists in his folly will become wise". But not slimmer.

Deb



A Real Community Opportunity Shop

It's been a busy start to the year at the Op Shop. More and more people are discovering this great place to shop and

donate. We love your friendly visits and enjoy being part of the 'hub' in our Community.

Summer Clothing Sale (until end of March)

\$1 for All Adults' Clothing

50c All Babies and Kids' Clothing (unless priced). New stock arriving by the hour!

Opening Hours

Monday 10am - 1pm

Wednesday 10am - 3pm

Friday 10am - 3pm

Saturdays Twice a Month 10am - 1pm

Please save your winter donations until April because we are bursting at the seams at present.

Do a careful sort before you bring any donations in and only drop them off when we are open.

We receive loads of beautiful saleable donations, but unfortunately also loads of items that we need to throw out.

If you are unsure, please ask us to check it first.

Thank you to Ban across the road at 'Ollies' for our lovely snacks. The volunteers appreciate your encouragement.

On Behalf of our Team Andrea



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Update from Progressive Paparoa Community Activator

Waka Kotahi NZTA for Northland Speed Limit Review.

Thanks to all you who have already completed the community survey - we have had good participation from locals.

The survey is still open, but the numbers so far indicate that many people are concerned about road safety, speed limits, and the quality of our roads, and many would like to see a pedestrian crossing in central Paparoa.

We still have a few more weeks to collect more of your opinions. To have your say on the Review please go to the 'Progressive Paparoa' or the 'Proudly Paparoa' Facebook pages and you'll see our survey which you can complete quickly online.

Paparoa Farmers' Market has grown, and we now have more stallholders providing a quality offerings for customers.

The popular Paparoa market provides locals with good value, fresh produce, plants, craft and other items as well as providing a social hub for not just locals but also regular visitors from Kaiwaka, Ruawai, and Dargaville to meet. It is good value for stallholders and well managed 📗 to enable easy trading, with a safe traffic environment for customers.

We have just learned that the Kia Ora magazine provided for Air NZ flights has featured the Paparoa market

in the latest issue. It is exciting to see our market being promoted as an attraction.

The Village Green is enjoyed by many locals and visitors alike.

We have begun preparations the Village Green enhancement project and whilst we are still in the early planning stages we would love to hear from any local builders and tradespeople who would be willing to help with the construction of the extended playground. Please contact me on 021687226 if you would like to help.





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COMMUNITY CHAMPION Robyn Skelton

Our Community Champion for this month is recognised for all the extra effort she puts into our lovely community.

Born and bred in Paparoa, Robyn has been volunteering for over 25years in our community. She is a JP witnessing documents, as well as running the print shop for PPI from her shop, Skelton's



Robyn is also currently on both the Memorial Hall and the Paparoa Medical Society committees.

She also holds prescriptions sent for collection from Orr's Pharmacy in Maungaturoto. This saves many of our locals the trip to pick up repeat scripts- much appreciated service

done voluntarily.



As well as serving our community, Robyn is a wealth of knowledge for local people, events, places and history. "Do you remember..." is the beginning of many discussions in Skelton's Drapery.

Vhat's Hot All the new stalls at our vibrant little market...





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Books And Bookclubs

Not all novels are easy to read. Some because the author weaves a complex maze of characters and situations that are difficult for the reader to follow or writes using an unusual style or language, and others because the content is disturbing, graphic, heartwrenching and disturbing.

Two such books are "The Luminaries" by Eleanor Catton, and "The Dressmaker" and "The Dressmaker's Secret" by Rosalie Ham.

"The Luminaries" is set in the 1860 New Zealand goldrush. Very few people I know managed to read it to the end, or to follow the TV mini series based on the book. Enjoying a challenge I loved both. The

author deliberately creates confusion by jumping about in time unannounced, from the past, to present, to future and you never know quite where you are in the main characters lives on any given page. It also has an element of spookiness when the minds of the two main characters born at the same time are able to cross over to one another powerfully influencing each other's lives, hence the title luminaries. For those who persevere it all comes together in the end. The TV series faithfully maintained that element of confusion and eeriness while wonderfully depicting life in early Dunedin, navigating the seas of the West Coast, and early gold towns and claims.

If I hadn't accidentally come across the movie on TV of "The Dressmaker," I would never have read past the first page. As it is, I read the two books in the wrong order. Once I had come to grips with the extremely "out there" writing style and plot, they proved to be a marvellous portrayal of wacky human behaviour in the Australian

outback and fashion houses of Paris and Melbourne. The Police Sergeant in drag and the ladies of a small outback town parading around in high fashion gowns was a sight to behold and recalling these images while reading helped the book make sense. These three are the kind of books that leave you gasping - in a good way.

If you are into the macabre, another book recommended by some of our bookclub readers is "Find Her" by Lisa Gardner. Easy to read from the viewpoint of style, language and grammar but covers the topic of serial psychopathic behaviour seen through the eyes of the victim. Gruesome stuff.

So - on a happier note (note!) the ERMA Book and Music Club listened to and easily guessed "Bridge Over Troubled Waters" by Simon and Garfunkel from the late 60s early 70s.

These books are available in our local libraries. May life give you an un-put-downable book, and I promise to write on a lighter note next month.

Anne Bate



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March Update

White Rock Gallery will be facilitating a Weekend Workshop in March. We are very grateful to

Kaipara Creative Communities Scheme for the grant to enable us to provide this experience free for Kaipara residents. The spaces filled up quickly, with a waiting list, for the chance to learn the art of mosaics with well known mosaic tutor Pat George.

The Gallery in Ruawai is looking good with the new Exhibition of Art and Mosaics. A good selection of crafts are on display and visitors are pleasantly surprised at the variety on offer.

The White Rock committee have reluctantly had to make the decision to close on Sundays from March 1st. In the current climate Sundays are proving to be really quiet. Hopefully we will be able to go back to opening seven days in the Spring.

New members are very welcome so if you think you would like to join us, or be a 'Friend' of the Gallery and volunteer to do one half day per month on duty in the Gallery, call in for a chat or ring Lorraine 021 250 8613 or email whiterockgallerynz@gmail.com

White Rock Gallery Committee

Your local builder: Andre Nicolai 021 202 9854

KDC Waste Minimisation Strategy

Kaipara District Council unanimously approves way forward for a modern waste minimisation strategy Recent Council approval to extend existing waste management contracts ensures service continuity for the district, while staff prepare for the first phase of the overhaul of waste services.

Kaipara's waste management contracts are currently held by two operators – Kaipara Refuse operate east and west collections as well as the transfer station in Dargaville, Waste, Northland contracted to manage Hakaru refuse station. The contracts for both operators were set to expire in June 2022, and following the Council approval will extend by a further seventeen months until the end of October 2023.

The extension to the contracts aligns the new contracts with

the roll out of a modernised waste minimisation system of services, of which phase one was adopted by Council in the same meeting.

A key project of the current Long Term Plan and initially planned for the 2022-2023 financial year, the Strategy was deferred following feedback received through the LTP consultation. The deferral of the Strategy enabled staff to do further work to understand how to best meet the needs of both rural and urban Kaipara communities, ensuring a cost

effective level of service for both settings. The changes to services will begin rolling out in November 2023, year 3 of the Long Term Plan (Annual Plan 2023-2024), and will be funded through targeted rates.

Waste Minimisation Strategy provides mechanisms to help reduce Kaipara's waste and increase recycling rates. Phase one of the Strategy rollout includes an improved kerbside collection service with wheelie bins and recycling crates (crates only for urban areas), free recycling drop-off at recovery parks, and a restructure of the funding and management of waste facilities including a contract for sending residual waste to landfill. A new funding approach using a mix of targeted rates and fees and charges will enable Council to provide a more modern and cost-efficient service for the district.

Mayor Dr Jason Smith says the adoption of phase one is one step closer to a future of minimal waste with higher recycling rates and a move towards a more circular economy.

"A clear strategy to modernise our waste services and cut our waste is a key piece of work in our Long Term Plan 2021—2031. Council heard from the community that we need better Kaipara solutions and we are taking the steps needed to start that journey. We're pleased to be moving forward with the first phase."

Phase Two will come though the next LTP 2024-2034 and will develop and modernise existing waste facilities, build new ones where needed, and install a network of rural recycling drop-off points around the district where required.

KDC

Wastewater Solutions Progress

Kaipara District Council and Progressive Paparoa representatives met earlier this month to discuss next steps in determining solutions to the wastewater issues faced by several properties.

Top of the list was a review of the work the community has done so far and determining a possible area of focus. There was general agreement that the area of greatest need was the triangle around the commercial district in the village, where the sections may be too small for disposal fields to be a viable solution for individual property owners. This did not exclude others located further out from contributing to the discussion.

The group agreed community engagement needed to occur before any solutions could be developed further. They also felt it was important for the initial engagement to be with the wider community, rather than individual property owners. This may open up potential options, depending on how many

people wish to collaborate on the solution.

With many Paparoa properties built around the same time, a key factor to consider is that the number of properties with failing onsite systems may increase in the near future, and others may wish to opt in to a communal system if the opportunity arises.

The group discussed the topography of the area, flooding risks, and general constraints of the area. They decided the best

approach was to ask the community what they wanted before identifying possible solutions.

A community meeting will be set up for early April, subject to the prevalence of COVID in the community. It may need to be arranged as an online meeting.

> Paparoa Wastewater Steering Group- Graham Taylor, Peter Hames, Stephen Findlay, Michael Juer



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Feeding Out

There's not much grass around at the moment - despite the bit of rain we had. Time to bust out the hay for some supplementary feed.



I've been thinking ... About Pronouns

Not something which is normally on my list of consideration-worthy topics. However, within a week I was firstly told that newbies at one Auckland secondary school have been asked to choose their pronoun for the records and, secondly, I received an email asking me to include my chosen pronoun with my reply. The link https://www.publicservice.govt.nz/our-work/diversity-and-inclusion/ pronoun-use-in-email-signatures was supplied to explain the request.

Although I have every sympathy and respect for persons who feel alienated by gender discrimination, I cannot feel comfortable with the adopt-a-pronoun solution. Reminds me of the down-therabbit-hole idea: "When I use a word it means exactly what I intend it to mean, neither more nor less."

The thing is, (let the grammar lesson commence), language lacks a common third person singular personal pronoun. Pronouns have number (singular or plural), case (subject /object/ and possessive), (masculine/feminine/neuter). It's the gender requirement which is causing the problem. When you refer to something inanimate you use it/it/its. Referring to somebody you use he/him/his or her/her/hers.

At the moment we choose pronoun based impressions. If a person has a feminine name, dresses and looks female, we assign feminine gender. Or if a guy has a beard...etc, etc. It's usually a fairly reliable system, but it has its pitfalls and one does not want to offend trans and gender diverse folk. One also does not want to have to learn a different pronoun for each new acquaintance as one doubts one's ability to remember these details. (One has fun with this first person impersonal pronoun.)

What to say when the individual you are talking about is of indeterminate sex? Like a baby all dressed in white so there's no clothing clue? "What a beautiful child," you gush. "What do you call...(voice fade)". Obviously 'him'/'her' is a 50% gamble and 'it' seems somewhat offensive. English needs a word to cover this eventuality.

There's nothing new about coining or borrowing new words. You will remember the feminists who objected to being defined by their marital status and introduced the honorific 'Ms', now widely accepted.

Why not find a word which can respectfully be used for people who do not want to be defined by their sex/gender? (And white clad babies who probably don't care a whit.)

I suggest the introduction of "Z" (pronounced zee) to cover all cases. We could use this in all situations until we get to know individuals, something like the French 'tu/vous.' It's time for linguistic reform.

RS



OCS March News

Hello everyone- We hope you have all had a wonderful start to the year and are settling into a new 2022 routine.

We just wanted to remind you that even though many of our regular community events are postponed until further notice, we are still offering our addiction support group.

The addiction support group is a great way to find help for yourself of those you love and takes place every Thursday morning at 10am in Brooks House, next to the Community House. Please get in touch on 09 431 9080 if you would like more information.

We hope to bring back our community lunch and shopping trips when we safely can; however, we want to remind everyone in our community that our Social Work services, Parenting support, Financial Mentoring and Counselling are all available to anyone wanting some extra help on the journey of life.

With Covid back in our community, life looks a little different here, with the team being split into two. This means there will be staff on hand at all times should one of us get sick. We are also making full use of our second building, Brooks House, to ensure our team and community members are safe.

If you need a food parcel from our food bank, please phone us or email reception@otamateacs.org.nz to enquire.

We like to have them available on Tuesdays and Thursdays.

That's all from us today. We hope you have a wonderful month, and we can't wait to re-open all our community events.

> Kia Kaha The OCS Team

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Maungaturoto and Districts Rotary

Unfortunately Covid has played havoc with our fundraising. Our participation in three planned events has had to be postponed but we are still planning to hold our Quiz when the environment is a little more user friendly.

On the 15th February we had our first meeting with our District Governor (from Auckland). This was his first face-to-face meeting since August last year so it was great to have Grant and his wife with us. He spoke of his history in Rotary and what Rotary meant to him. He emphasised the support that is provided by District and the fantastic free on-line resources that are available for members. He also spoke of the projects undertaken by other Rotary clubs and community groups. Bearing in mind our relatively small membership, please get in touch if you think we can support you (not necessarily financially) in any venture you might have.

We were fortunate to have a local person donate some lime chip that we could use in Nikau Grove and we decided to put it in the entrance-way which makes it stand out. If you haven't ventured through this Grove yet, please take the opportunity to visit this very nice patch of native bush. I trust that many of you have taken time to visit Piroa falls this summer in a bid

to keep a little cooler. Some have been asking about the concrete picnic table on site there- it was helicoptered in as there was no other way to put it in place.

For a number of years we have supported "Books in Schools" at Tinopai (also known as Duffy Books). Kaiwaka Primary has asked if we will also support them so we plan to pay an annual fee from this year on. This is a fantastic venture set up by Alan Duff which encourages youngsters to read. As part of the programme there is also a play put on for the students each year which has a strong message about the importance

Mangawhai Satellite's Sandsational event seemed to be very successful and it created a great deal of interest from passersby for a large portion of the day on the 30th January. The golfball drop was a very good fundraiser, with close to 500 being sold. It was good to see a wide range of participants in the fancy dress event, some as individuals and some as family groups. The sandcastle contest produced a wide range of structures of people, animals, fish and vehicles. Thanks to the judges in these two events as this can't have been an easy task. The club was also fortunate to have great sponsorship from a variety of sources and netted close to \$3,000.

The Sailing group has increased to 35 participants and now runs two classes on both Monday and Wednesday afternoons. It is great to see the active involvement of parents and caregivers as well. Congratulations to all involved in this fantastic activity.

Remember, if you feel you can contribute in any way to our Club, we meet on a Tuesday in the Centennial Hall, Maungaturoto at 6pm. Any enquiries, please get in touch.

Eileen Parsons 021 142 0357

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Contact Jas 0226781474 or email paparoalibrary@gmail.com to organise a selection of books and we will do our best to fill your order.

Outside of these hours book returns can be dropped into the box to the right just inside the main door at Skeltons Drapery.

Jas Futter

Paparoa Community Library Manager 022 678 1474



Regatta Remembered - Handicapping

People may wonder, and I am sure they do from time to time, how the Regatta boat races are run. There is a system there and it goes something like this: The first race of the day is like a raffle. All launches start together, and all runabouts start together, and their time is recorded as they cross the finish line. That tells the handicappers how fast each boat is.

From that they work out when each boat should start so that theoretically all boats would cross the finish in a straight line. But so much can vary that the straight line doesn't ever happen. The first boats away, we will talk about runabouts to start with, go out into calm water. The motor can achieve better speed in calm water so they will go faster in that first race than for the rest of the

day. Conversely the slower boats have got a sea of rough water to get started with and they have more trouble getting going so will set a slower time. It's not perfect and there is room for adjustment. If you get out in front or into calm water you have to turn wide on the corners or slow down, or do something to burn up the extra speed that you are gaining during that first race. Displacement launches don't respond as quickly to the helm so they have to judge where to make adjustments as well. If you get it right you have a day of easy racing and if you get it wrong you can never get there in time for the finish, or else you get there too soon and you're disqualified.

Races generally run smoothly but they do have different finishes. I remember a Ladies Handicap race. The first boat away was Eridor, so named from its previous owners, Eric and Doreen before Ramsays bought it. Mary Ramsay

assisted by Neil, was travelling quite quietly and Eridor had a big start on the rest of the fleet. Away she went down the harbour and around the bottom buoy before most of the others even started, there were probably something like the typical 15 boats.

There was one beautiful new boat, Awanui, from Port Albert. The guy built it himself and it looked (still does) a really smart boat. She waited and she waited and by the time she crossed the start line Ramsays were not very far from the finish. Eventually we saw a little bit of ripple under the bow as Awanui was getting under way. She hit the start line right on time going at full speed. With one lap to go the rest of the field was spread out between those two boats. It looked

impossible for Awanui to catch up. We watched as she had the water to herself. She sped round the course and as she came up to the finish line she cut through most of the fleet mowing them down in a matter of seconds, and still Ramsays were out in front, travelling very slowly. Awanui flashed over the finish line a little ahead of the rest of the field and from first to last boat was only a matter of seconds. They finished in almost a straight line and you couldn't have had a better finish from the handicappers' point of view. First over the line was scratch boat, Awanui, Swanee fitted in second, third over the line was limit boat Eridor, and the rest of the fleet was right behind, probably the best finish of any race at any Pahi Regatta.

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Or People You May Or May Not Meet Down The Pub... Down the pub again, surprise, surprise and yet another local who has interests that one would not expect.

Snookering all comers pool (well, a few) Bou looks steadfastly earthbound. But, at the weekend she and her partner Richard take to the skies, shaking free the dust of the Kaipara. Apparently, there is nothing quite like cruising above the land at about 2,000 feet in a gyro copter. I am quite happy to take their word for it, there is quite a lot of air about in a gyro coptor. But Bou thinks that, like the poet/ aviator John Gillespie Magee, it is truly awe inspiring to fly: "My eager craft through footloose halls of air... the high untresspassed sanctity of space, Put out my hand, and touched the face of God."

As she readily points out this may be her only chance at sanctity. Particularly after sharing some of the more earthly sights she and Richard have viewed, allegedly and sub rosa, only to be alluded to after a few drinks. But, it was fascinating, who would have thought.

Just remember that this little beauty of a "motorbike" in the sky can fly for up to four hours reaching speeds of 80 miles per hour, and is able to sink down to 600 feet. Imagine the clarity of detail below. Nobody is safe. Perhaps the police department could make use of these



machines. Apparently, they are safer than helicopters and fixed wing planes. No wonder they frequent the pub. Bou and Richard that is.

In their other occasional downtime they go fishing. Probably safer, although it is alleged the Kaipara is the breeding ground for the Great White Shark, But. they reckon the quiet and the delicious snapper is worth it.

However, as Bou says after a day's work in her village café serving customers through the window in this new world. thoughts of a flight are sanity saving. Yet she still loves baking her delicious fare and chatting to the locals. Admitting that there is nowhere else she wants to be, usually.

Only slightly wistfully mentioning that swinging in a hammock under an umbrella on a Fijian beach could be quite

Paparoa after all, above and around, is a pretty good place to be.

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P 13

Dargaville Vintage Cars Take Tea at Pahi

A couple of weeks ago the Dargaville arm of the Northland Vintage Car Club took a run out to Pahi. They went via some pretty dusty back roads- Mititai Rd, Inch Rd, Rehia Rd, Parahi Outlet Rd, Birch Rd, Poyner Rd, Ararua Rd, and back to State Highway 12 at the new bridges, then on down to Pahi.

Some drivers chose to take a more direct route straight down the main highway and probably didn't have such a big cleaning job later.

The Dargaville group have monthly mid week afternoon runs - usually somewhere local - and in September they have their "Birthday Run" organised by Claudia Jeffery and they go somewhere nice for lunch.

Their normal outings can have anywhere from 20- 25 people. They also have a mid-winter night run (with torches) with questions to be answered and whoever wins sets the next years run. The evening starts





with delicious home made soup & ends with yummy desserts.

This month Doug & Bev Grant set the run, ending with afternoon tea under the giant Pahi Morton Bay fig tree, and they were very impressed with the new pontoon.

The cars at Pahi were a 1937 Plymouth owned by Brian & Lyn Wrack (Whangarei), 1939 Ford owned by Tony Powell, a 1925 Buick owned by Dave & Sue Dreadon, a 1948 Chrysler Windsor owned by Ian Mold (This was the same as exgovernment cars and Ian and his sister Shirley recently drove it home from Christchurch), a 1926 Chev owned by Rob &

> Ngaire Wade, 1964 two Austin Farinas one owned by Bruce Claudia Jeffery and one by George Iris Tier, and a Jaguar XJ6 owned by Lofty







& Sue.

Also joining in were club members from Paparoa/Pahi - Kerry & Joy Bonham in their Rolls Royce & Hubert Poot in his Austin A40 Devon. There were also had a few moderns which you are allowed when you haven't got a car on the road!

The above information was kindly supplied by Bev Grant, NVCC.



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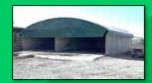
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like a beautiful coloured bird soaring up from a burnt and devastated landscape —

like the bright sun slowly rising above the dawn horizon —

or like bright rays of golden light that break through grey gathered clouds.

Like the sound of a kettle boiling, the comfort of a familiar pillow, a child laughing, birdsong. There is always Hope.

If we close the door to Hope our world becomes cold and dark.

When we open the door to flope it comes flooding in bringing with it Joy, Light, Peace.

Hope is an invisible commodity that opens our eyes to the positive and the possible.

When we give up on Hope, we die.

When we allow Hope to live within us – we live. There is always, always HOPE.

Ann Optimist

Pets in the Valley



On Saturday 5th February we didn't have the Paparoa A and P show but thanks to Jeanette Caudwell and Mary Ramsey we did have a ribbon day so people could still take their horses to an event.

There were two 'halves' to the event to ensure numbers were not overlapping. There was the ridden section with four rings for various ages and abilities on the Cliff block and the harness event on the main rugby field. This meant there was heaps of space for all the carriage driving events and plenty of room for the jumping.

It was lovely to see all the beautifully turned out horses and riders/drivers. As always the judges were beautifully dressed so it gave a lovely show like atmosphere. Jeanette even had the loud speakers going!

The day was hot and dry but a breeze kept things from being too intense and kept the flies away.

Thanks to everyone who participated in the event and all who helped out and made for a great event.

The field was lovely to ride on and is a great community asset. Any riders who would like to use the field can contact myself or Mel on 02108110259.

Happy riding Janine





Mountain Biking Fun

If you're looking for an adventure try "The Timber Trail", Pureora Forest Park.

I recently had the opportunity to go cycling in this stunning area and, though it proved a bit hard for this "old girl", the trip was still amazing. Definitely worth a visit if you are fit and would like to cycle a quiet back water of NZ with original uncut forest.

The trip is two days of mountain biking on bush trails with the option of "glamping", camping or staying in an excellent lodge.

It also showed what can be done in small rural areas (yes, their roads aren't great either) to revitalise townships and provide employment opportunities for locals.

This area near Bennydale had experienced loss of jobs from the railway, again from coal mining and lastly from farms being planted with pines. Empty houses, shops and schools closing, all contribute to the death of once vibrant little towns.

Along came the idea of a nationwide cycle trail and with it the support of some funding. This was also helped by some great action from people preventing the destruction of one of the few untouched native forests in the North Island.

The 35 standard bridges and 8 suspension bridges, plus a

tunnel, makes for lots of interest.

The result is reawakening of the area with several companies running shuttles to the start and finish. I think there would have been up to 100 people on the track on the first day of our adventure.

if you looking for a family adventure - there were lots of children on the track - give this one a go! There are plenty of bikes, electric and fat tyre, to hire too.

Stella











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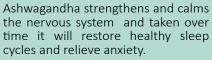
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a lustrous complexion, and strength of a horse." Ayurveda Scholar-Charaka, 100 BC

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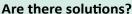
If it all melted there would be a 70m rise in global sea level. (British Antarctic survey. Yes, the fact that ice takes up more space than liquid water has been taken into this calculation.) Luckily, this is unlikely to happen.

But, unfortunately, in many parts of the world shortage of water is becoming an increasing disaster. Water shortage is

becoming one of the main causes of social unrest and war in our world. Nearly 1.8 billion people in 17 countries or a quarter of the world's population are in danger of a water crisis.

The Middle East, Northern Africa, India and Pakistan are at very high risk of severe water shortages. Water usage has been growing at twice the rate of population growth in the last century. Urban areas put a heavy pressure on neighbouring resources.

Many areas growing food crops irrigated from ground water are now finding the aquifers are running out.



Rainwater catchment - Dams and tanks

Sub Saharan Africa has a plentiful rainfall but it is seasonal and flood/drought prone. It could possibly be helped with catchment but the cost of development may be a barrier.

Desalination works for 120 countries, especially Saudi Arabia with 27 plants, but uses a large amount of power to run and also produces as a byproduct of very salty brine which gets put

back into the ocean.

Water from air dehumidifiers has been used to provide drinking water in humid regions but, again, needs a lot of

Some large buildings in cities are recycling their water through a purification system.

Should we be growing crops that need less water?

Are there local solutions?

One that many people have been doing- using water saving methods and buying another water tank! Stella

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Ingredients

- 250g cherry tomatoes
- 2 medium yellow-fleshed peaches
- 200g fresh mozzarella
- 1 large handful fresh basil leaves
- 2 teaspoons lemon zest
- Extra-virgin olive oil for drizzling
- Balsamic reduction
- Salt and freshly ground black pepper

- 1. Slice the cherry tomatoes in half. Really little cherry tomatoes can be left whole. Slice the peaches into thin slices.
- 2. Tear apart the mozzarella with your hands, or slice it for a neater looked and layer the tomatoes, peaches, and mozzarella in a bowl. Roughly shred basil and sprinkle over top along with the lemon zest.
- 3. Drizzle the salad with olive oil and 1-2 teaspons balsamic glaze and season with salt and freshly ground black pepper to taste.





March Gardening Notes As autumn approaches there's no need to "shut up shop".

In the veggie garden clear out all spent plants no longer producing. These summer crops will have drained the goodness out of your garden soil so dig it over with plenty of organic matter like compost, blood and bone, aged animal manure- sheep pellets, cow, horse and cow manure.

A number of our favourite veges come into their own in the colder months so it's time to think about planning what winter cropping winter seeds and plants you want, and prepare the ground for them. These can include varieties of brassicas like broccoli, cauliflower and cabbage, leeks, onions, silverbeet, spinach, kale and carrots. A row or two of broad beans, also a cool season crop, can be sown or planted as other beans are finishing. They are best picked when the beans are young and tender before the skins become leathery and the seeds dry out.

Any areas of the garden not needed for winter crops can be sown with a mix of nitrogen fixing mustard and lupin seeds to replenish the goodness in the soil. It requires no maintenance and will be virtually weed free, then in early spring before they flower hoe it in and cover with soil in

Apples generally set too many fruit so by removing/ thinning some of the fruit the remaining apples will grow

to a reasonable size and quality. Keeping the fruit about 10 -15cm apart will also help stop branches from breaking under a heavy load. Apples on individual trees will ripen at different times so pick them over several weeks. The fruit should be



removed by hand and is ready if it comes away with a gentle lift and twist. Early ripening apples should be picked just before they are fully ripe or they will become floury. Later maturing apples must be fully ripe or they will shrivel if stored for any length of time.

If apples are picked at the correct stage they may keep well for up to six months. To prevent fruit from wrinkling and softening during long storage, individually wrap the apples in waxed or newspaper and place in a cardboard box in a cool, dry place. Fruit from young or vigorous trees do not keep as well as those from mature trees.

Below are a few methods for keeping some pests and diseases at bay:

Ant nests indicate dry, sandy soils. If they become a nuisance you cam permanently rid your garden of them by working more organic matter into your garden beds. This enables the soil to hold moisture and drive the ants away. You can also plant tansy as a deterrent.

Aphids are sap sucking insects which can cause severe damage in the garden causing plants to become stunted and spreading viral diseases. They can be a sign of soft sappy growth caused by an excess of nitrogen. Application of a balanced fertiliser in moderate amounts will result in healthy plants which are less prone to aphid attack.

Slugs may be deterred by surrounding susceptible plants with wood ash as they find the gritty texture unpleasant to

Gardens are often one of our greatest refuges - a place to reduce the stress of our busy lives.

They are our own personal paradise where we can surround ourselves with beauty, abundance

JR

and fragrance.

NRC Environmental Awards

Applications are open for the fourth annual Northland Regional Council Whakamānawa ā Taiao - Environmental Awards which recognise the environmental work being carried out in Northland.

Up for grabs is a prize package including \$1000 cash, a handcrafted trophy designed by local artist Trish Clarke and a professional project promotional video and photography

The awards cover eight categories: community, pest management, education, water quality improvement, industry, leadership, kaitiakitanga and climate change. Entries are open until Sunday 10 April.

For more information go to: awards.nrc.govt.nz



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Dirty Little Piggies



It's disappointing to see people (and businesses) using the public

rubbish and recycling bins for their own household (and business) waste.

The bins at the Village Green, across the road and by the store are often overflowing.

Please - buy rubbish and recycling bags and put them out for collection.

No offence to actual pigs intended

OUT & ABOUT AROUND TOWN

Paparoa's Farmers' market happens every Saturday morning, 9am-12 at the Village Green. Fresh fruit & veges, sweet treats, plants, olive oil, fish, preserves, live music and so much more. A great place to catch up with friends or make new ones.

Have you stopped in to check out the Paparoa toilet block murals yet? They're looking pretty fabulous!

Flax Weaving At Shop & **Brew** on Sundays. Bring some flax and learn under Naadi's tuition. Feel free to come in and try it out.

Congratulations

Rowie Panhuis

Winner of the Skelton's Drapery Christmas Lucky Shopper, receiving a \$100 voucher.

Please remember to scan in when visiting local businesses.

The past year has proven how important it is to know where you've been. You can also track your own movements by logging into Google Maps, tapping on your personal icon at the top, then tap on "Your Timeline". You can then tap the arrow next to "Today" to select a date.

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Paparoa Community Church

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Church Service at 10 30am each Sunday **Everyone Welcome**

WANTED

Paparoa Press Team Members

Would you like to be part of the monthly edition of Paparoa Press?

Could you become a regular contributor or could you submit an article 'now and again'?

Could you be a roving reporter recording local goings on or perhaps write up a story on local people or businesses. We would welcome your input, as in recent times some of our original team members have 'retired' leaving us with shortfalls in editorial. You may (or may not) have noticed that lately we have filled just 16 pages when we used to run a good 20 every month! There are always plenty of valuable advertisers - but who wants to just run advertisements?

Email us at press@paparoa.org.nz

Salamat sa lahat!

Dionesio (Shoh) would like to say 'Salamat sa lahat na nabigay ng tulong upang ma rebuild jong bahay ng aking magulang'.

Which translates from Tagalog to 'thank you very much for sending money to help my rebuild of my parents' house.'

Shoh is overwhelmed by the generosity of the Paparoa community to his bid for help to rebuild his parents' house which was destroyed in the typhoon in December. Through the 'Give a Little' website 37 people have given over \$3500. This will go a long way to secure a safe and robust home for his elderly parents. Strong enough to withstand future calamities. Already Shoh has sent some of the donated money so that the coconut trees on the property that fell in the typhoon can be cut for timber to rebuild the house. He has engaged a relative to oversee the work.

Again, Kiwis have shown their kindness and generosity towards those less fortunate.

For those of you who like to Google, Shoh comes from Salvador Barangay (Salvador village) in Sierra Bullones municipality, Bohol Province, Philippines. Bohol is an island in central Philippines renowned for its scenery.



WHAT'S ON - MARCH 2022

The Kauri Museum open 7 days, 9am-5pm

Two Views Exhibition - March 26 - April 6 at Mangawhai Gallery. See back page.

REGULAR EVENTS, MEETINGS AND ORGANISATIONS

Anglican Church St Marks 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa Ararua Church 10.30am every Sunday. All welcome Ph 431 6622

Art Studio, Ruawai Wed 10-12noon ph Frances 439 2554

Badminton Thursdays 7pm Paparoa Hall \$2 students, \$3 adults, Pete 021 056 7163 Exercise to Music Tue 10.30am Paparoa Hall \$5 Ph Rose 431 7418 Farmers' Market Every Saturday 9-Noon, Village Green, Graham 027 475 4490 Grey Power Last Wed in month,1pm, Anglican Church Hall, Maungatūroto Grow Paparoa Thur/Fri/Sun 10am to 2pm at the Community Gardens Holy Trinity Anglican Church, Maungaturoto, 1st & 3rd Sundays, 10am; 2nd & 4th Sundays, 4pm. All welcome

Kaipara Marching Team Weds 4-5.30pm, M'gto, Ph Rose Plunkett 431 7418 Line Dancing Thurs 10am-noon Paparoa Hall Ph Rose 431 7418 Mainly Music Wed 9.30am Paparoa Comm Church, Lynaire Porteous 431 7520 Matakohe Garden Circle 1st Weds each month, 1pm, J Mackinnon 431 6689. Maungaturoto Opportunity Shop Open Mon 10-1pm Wed 10-3pm Fri 10-3pm Maungatūroto and Districts Rotary Club Maungatūroto Centennial Hall,

Tuesday evenings 6pm, Ph Stella 021 149 0877

Otamatea Quilters 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262 Outdoor Bowls Maungaturoto Green Ph Tony 431 6026 or Brian 431 6884 Pahi Hall available for hire Ph Tina 0210335128

Paparoa Community Church Sundays 10.30am, 4 Hook Road, 431 6795 or Dave Porteous 0274 180 676

Paparoa Garden Circle 2nd Wed of month. Contact Raylee Over 431 6880 Paparoa Hall Functions venue Ph Robyn 431 7306 or a/h Loraine 431 7290 Paparoa Library Tues & Thurs 11am - 4pm, Saturday 10am - 1pm Manager Jas Futter 022 678 1474. Returns Box at Skeltons

Paparoa Lions Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion Paparoa Playcentre Tuesday and Thursday 10am-1pm Visitors Welcome Ph Kirstin 431 7373 txt 021 525 425 or Jane 431 6148 paparoa@playcentre.org.nz Paparoa Primary School Term 2 May 3 - July 9, Term 3 July 26 - Oct 1, 4317379 Paparoa Toy Library Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330 Paparoa Volunteer Rural Fire Force (VRFF) 1st and 3rd Monday of the month 6.30pm Depot Rd ph Ken Ogilvie 021 129 4042

Plunket Ready Steady Wriggle Mon 10am Sports Pav. Tina Ball 021 033 5128 Selwyn Centre Thurs 9.45am for over 65's. St Marks, Hook Rd, Ph Sue 431 6224 Sports Pavilion Functions Venue Bookings ph Jane Bailey 431 6148 St Mary's Catholic Church Maungaturoto 10am Wed, 4pm Sunday Table Tennis Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822 Tennis Mondays 9.30am, 6pm Tuesdays Ph Sue 431 6224, or Pete 021 056 7163 Yoga For Everyone Monday 6-7pm Maungaturoto Hall, Tuesday and Friday

mornings 9.30am Paparoa Sports Pavilion. Ph 027 294 4855

PLEASE UPDATE US WITH YOUR DETAILS: press@paparoa.org.nz P



Paparoa Press 🖭



CLASSIFIED ADVERTISING

Weight Loss Group

Starbright Wellness runs an 8 week group workshop on weight loss. \$320

Vicky Hilton 021 24 84259.

Storage Available

In Paparoa: Secure 20 foot Containers - contact Gary Dallas 021 431 712. Paparoa County Depot Trust

Buy Local Support Local Help your community thrive

LOCAL TIDES for MARCH 2022								
TIDES - CALCULATED for PAHI-WHAKAPIRAU								
DATE	LOW	HIGH		DATE		LOW	HIGH	
1st	18.11	11.11		17th		17.02	11.44	
2nd	17.55	11.58		18th	1	17.38	12.18	
3rd	6.12	12.40		19th		6.28	12.52	
4th	6.53	13.20		20th		7.04	13.28	
5th	7.32	13.57		21st	1	7.42	14.07	
6th	8.09	14.33		22nd		8.23	14.49	
7th	8.46	15.09		23rd		9.09	15.35	
8th	9.24	15.46		24th		10.03	16.30	
9th	10.05	16.28		25th		11.08	17.37	
10th	10.56	17.19		26th		12.26	18.56	
11th	12.02	18.24		27th		13.50	7.42	
12th	13.22	7.16		28th		15.03	9.02	
13th	14.39	9.39	7	29th		16.01	10.04	
14th	15.37	9.43		30th	2	16.5	10.54	
15th	16.23	10.30		31st	3	17.33	11.37	
16th	18.09	11.09			-			

Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

COAST TO COAST HEALTH CARE

Maungaturoto Medical Centre: 8am-5pm Mon-Fri 09 431 8576 Paparoa Clinic: Open Tues and Thurs 8am-5pm....... 09 431 7222 For urgent after hours medical service (Wellsford)..... 09 423 8086 Healthline - 24 hour service...... 0800 611 116 HOSPICE KAIPARA Dargaville Hospital 09 439 3330 KAIPARA DISTRICT COUNCIL Helpline 0800 727 059 Mangawhai Office...... 0800 100 388 KAIPARA PHYSIOTHERAPY Lyndsay Bargh/Lynne Rhodes...09 4391656 LINKING HANDS Health Shuttle Service, Maungaturoto.09 431 8969 LIONS CLUB PAPAROA President Jim Rowlands........... 09 431 7290

MAUNGATUROTO PHARMACY 09 431 8045

OTAMATEA COMMUNITY SERVICES Community House 09 431 9080 PAPAROA LIBRARY Free Membership. ContactJas 022 678 1474 Tuesday and Thursday 11am-4pm

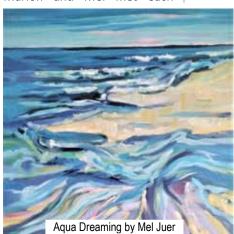
Saturday 10am - 1pm PAPAROA PLAYCENTRE paparoa@playcentre.org.nz PAPAROA PLUNKET .Plunket Nurse Louise 027 2823987 or 09 438 2508 PROGRESSIVE PAPAROA INC (PPI)Graham Taylor.... 09 431 7209 PARENT PORT Inc. free help for families Linda09 425 9357 YOUTH & WHANAU FOCUS South Kaipara, Rose09 431 7418

Two Views Exhibition

The show will be open from 10.00am to 3.00pm from Saturday 26th March until noon on Wednesday the 6th April at the Mangawhai Gallery, in Mangawhai, geaturing artists Marion Stutz and Mel Juer.

Two Views is an expressive, expansive exhibition of acrylic and oil painting, drawing and ink work from two artists who share their love of drawing, nature, and of noticing the harmony of things around us. Mel is a Paparoa based artist inspired by our local landscapes, skies and flora and fauna.

Marion and Mel met each



other in drawing and painting classes at the Mangawhai Gallery, starting a friendship bound by enthusiasm for art, shared passion in colour and expressive work and a common interest in beauty all around us. Both artists have been actively drawing and painting all their lives, and have lived in many countries as well as New Zealand, fuelling their

> expressive journey with visits to galleries all around the world.

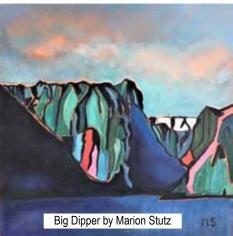
Both work in a loose, expressive stvle with a wide and unencumbered colour palette that reflects their iovous and optimistic view of life. Art plays an important role for both Marion and Mel, and they are also bound by their combined passion for continuing to develop themselves as artists and grow in their skill and creative capacity through artistic expression.

The exhibition promises to delight, inspire and move the viewer. There will be fantastic sunsets, glorious landscapes, still lifes and brilliant light set against deep, raw colours of the earth.

Marion and Mel will also be "artists in residence" for the duration of the show. There will be a special Artists in Residence day on Saturday 26th March, with both artists working on the same piece of still life, using a Reductive Charcoal method, for a true, real life action play of "Two Views".







Delightful Dahlias

There was a truly beautiful display of dahlias at Gumdiggers Cafe at Matakohe on the first weekend of February. These would normally have been shown and judged at the A&P Show which was cancelled. Let's all look forward to a return of the show and it's competitions next year.

Trevor Brljevich setting up one of his dahlias (right).





5 Questions for Shari Turton

How long have you lived in the area? About 8 years. Terry and I moved to Kaiwaka from the Hibiscus Coast, spent some time in Mangawhai, then ended up in Maungaturoto about 2 1/2 years ago.

What brought you here? To be honest-affordability... and it was time for a change of pace.

What do you do here? We own Zest Art & Espresso in Paparoa where we do amazing coffee and snacks (all made from scratch). We also have an interesting and eclectic range of art, craft and jewellery for sale. We are both artists and my husband is also an in-demand tiler.

What do you like about the area? The community is awesome- a diverse, positive, laid back bunch of real people. I love the beautiful rural aspect we enjoy out here, while still being close to the beaches and cities.

What things would you like to see happen here? I'd love some public swimming pools in the area.



